

HANNAH JOY METTLER

Hjm034@shsu.edu ♦ Curriculum Vitae ♦ Based in Houston, TX

EDUCATION

- 2026 MFA Candidate in Dance, Sam Houston State University, Huntsville, TX**
A three-year program. *Curriculum Included:* Dance Composition I, II, & III, Theory of Dance, Dance Pedagogy in Higher Education, Research Methods, Dance and Integrated Technology, Professional Issues, Ballet technique, Modern technique, Seminar in Dance Production, and Independent Study. *Faculty Included:* Jennifer Pontius, Dionne Noble, Andrew Noble, Adele Nickle, Francisco Graciano, Tyler Orcutt, Jacob Regan.
- 2016 BA in Dance, Messiah University, Grantham, PA**
A four-year program. *Curriculum included:* Technique classes in Ballet, Modern, Jazz, or Tap technique; Choreography, Improvisation, Dance History, Human Biology, Dance Pedagogy, Kinesiology, Introduction to Technical Theater, Theater Production Practicum, Dance Ministry, Dance Capstone Project, Independent Study focused in pedagogy. *Faculty:* Gregg Hurley, Danielle Smith Guillermo, Marie Cleaves Rothacker.
- 2016 BS in Psychology, Messiah University, Grantham, PA**
A four-year program. *Curriculum included:* Cognition, Life span development, Abnormal Psychology, Social Psychology, Social Research, Statistical Methods in Psychology, Sensation and Perception, Biological Basis of Behavior, Child Development, Counseling Theories, History and Systems, Experimental Psychology, Psychology Seminar, Introduction to Sociology. *Faculty:* Dr. John Bechtold, Dr. Charles Jantzi, Dr. Valerie Lemmon, Dr. Henry Danso, Dr. Jennifer Thomson.
- 2002-2016 North Jersey School of Dance Arts, Hackettstown, NJ**
Preprofessional dance school specializing in Vaganova method ballet technique. Received education in ballet, rhythm tap, jazz, and contemporary dance. *Faculty:* Luba Gulyaeva, Christine Taylor Schmelz, Dorothy Wasserman

TEACHING EXPERIENCE

- 2025-2024 Sam Houston State University, Huntsville, TX**
Teaching Assistantship with the Dance Department:
- Taught ballet technique to BFA dance students both Fall & Spring semesters as the instructor of record. Subbed modern technique for professors.
 - Fall 2024: Taught Jazz 2 to nonmajors, Assisted Faculty as Rehearsal Director for Andrew Noble's Fall 2024 Faculty Work in the Spectrum Dance Concert at SHSU.
 - Spring 2025: Taught Dance and Popular lecture course that combines dance history, current events, elements of art theory, and dance appreciation.

- 2024-2023** Graduate Assistantship with the Dance Department:
Responsible for teaching ballet technique to undergraduate students when professors are absent. Graduate Assistant to three professors for online academic courses. Guest taught modern technique.
- 2017-Present** **Boni's Dance and Performing Arts**, The Woodlands, TX
School Director: Bonnie Scheutz
Responsibilities Include:
- Stage Manager for annual Nutcracker Performances. (2021, 2022, 2023, 2024)
 - Full year instructor for ballet, tap, jazz, contemporary, and modern technique for beginner through advanced level student dancers.
 - Assistant Stage Manager for Spring Ballet performances.
 - Summer Ballet Intensive Faculty. Taught Ballet and Modern technique (2022)
 - Tap Intensive Faculty (2021, 2022)
- 2019-2023** **Houston Academy of Dance**, Houston, TX
School Director: Evelyn Ireton
Responsibilities Include:
- Full year instructor for ballet, contemporary, and jazz, and tap.
 - Streamlining syllabus for tap technique across all levels. (2021, 2022, 2023)
- 2019-2023** **West University Dance Center**, Houston, TX
School Director: Evelyn Ireton
Responsibilities Include:
- Full year instructor in ballet technique (2019)
 - Summer course instructor (2020, 2021, 2022)
 - Summer Intensive Instructor for Ballet technique (2022, 2023)
- 2017-2019** **Mitsi Dancing School** – Katy Campus, Katy, TX
School Director: Jia Ma
Responsibilities Include:
- Full year instructor teaching rhythm tap technique and ballet technique.
- 2015-2017** **North Jersey School of Dance Arts**, Hackettstown, NJ
School Director: Christine Taylor Schmelz
Responsibilities Include:
- Teaching Ballet, Contemporary for Beginners, and Rhythm Tap

FESTIVALS, MASTER CLASSES, & GUEST TEACHING EXPERIENCE

- 2025** **Boot Dance Festival, Houston, TX**
Presented Choreographic Work: *Mirrored Trust*
August, 2025 at Match Houston
- 2024, 2023, 2022** **Bailando International Dance Festival**, Corpus Christi, TX
Executive Director: Jilissa Cotten
Rhythm and Broadway Tap Faculty Instructor
- 2024, 2023, 2022** **Epicenter School for the Arts**, Dallas, TX

- Executive Director: Michelle Brogan
Ballet Intensive Faculty. Taught ballet, variations, and modern technique for one week while preparing choreography on students to be shared at an end of the week showcase.
- 2024, 2023** **National Youth Theater**, The Woodlands, TX
Dance Director: Carla Prescott
Summer Intensive Faculty: Advanced Jazz Instructor
- 2024, 2023** **Magnify Dance Company**, Houston, TX
Executive Director: Lauren Reitzammer
Guest Faculty for Modern Dance
- 2023** **Juleigh Holley's School of Dance**, Katy, TX
Executive Director: Juleigh Holley
Rhythm Tap Master Class Instructor
- 2022** **Open Sky Arts Collective**, Houston, TX
Executive Director: Jeanna Vance
Modern Faculty for company class
- 2021** **Ad Deum Dance Company**, Houston, TX
Executive Director: Randall Flinn
Guest taught Modern technique to trainee dancers.
- 2021** **International Christian Dance Fellowship of Ireland (ICDF)**
Taught Virtual Modern Dance Classes through Zoom during the COVID-19 pandemic as a guest instructor for 4 months. International Christian Dance Fellowship has over 25 nation chapters all over the globe represented and united under the umbrella of its mission statement.

CHOREOGRAPHIC WORKS

- 2025** ***Threads of Emergence***
8 Dancers: MFA & BFA Candidates at SHSU
Aidan Aloma, Dillon Bell, Emma Grace Holtham, Sheena Kapila, Jocelyn LaForte, Aly Pennington, Andrew Robert Smith, Kaili Stephenson
Music: Nikolij Bjerre
Lighting Designer: Kyle Rucker
Costume Designer: Laura Bidy
Costume Consultant: Barry Doss
Performed at Sam Houston State University- Masters of Dance Concert
April 11 & 12, 2025
Montague Dance Theater
To Speak Through the Censor
A collaborative choreographic and performative work including projection design, lighting design, & composition.
Hannah Mettler, Camila Maldonado, & Deontay Gray
May 6th, 2025
Sam Houston State University
- 2024** ***Mirrored Trust***
Duet: Dillon Bell & Charlee Poulin
Music: Excerpts of "Different Trains: After the War III" by Steve Reich, Kronos Quartet

Lighting Designer: Kyle Rucker

Performed at Sam Houston State University, Masters of Dance Concert

Stirring Circles

Co-choreographed and performed by Hannah Mettler and Andrew Robert Smith.

Music: *Icefloe* by Zoe Keating

Lighting Designer: Nicholas Zack

Performed at 254 Waco Cultural Arts Festival (April 2024)

Performed at Sam Houston State University- Masters of Dance Concert (February 2024)

Fractured, yet Whole

4 Dancers: BFA students from Sam Houston State University

Music: Gyorgy Ligetti

Lighting Designer: Bryan Ealey

Performed at Sam Houston State University for the Masters of Dance Concert.

2023 *Six Opportunities*

6 Dancers: BFA and MFA students at Sam Houston State University

Music: Edited scores composed by Apparat

Lighting Designer: Nicholas Zack

This contemporary dance work was composed for a graduate choreography final using light, sound, stage and costume design to illustrate a concept of research.

2021 *Keri's Super Speed*

Tap Solo

Music: Audio Interview of Keri Wilson's parents.

Performed by Mei/co Dance's production of Sunshine Personified in honor of Keri Wilson.

2019 *Remembrance*

10 Dancers

Music: Spring Part II, Composed by Matthew Lennox

Performed by Ad Deum II at Ad Deum Dance Company's Summer Intensive Concert

2018 *I Will Wait*

Four Dancers

Music: I Will Wait, Song by Phil Wickam

Performed by Ad Deum II at Project Dance Houston, Houston, TX

CONTINUING EDUCATION

2022 Rhee Gold: Constructing Fresh Tap Curriculum

A four-week online training module focused on how to create more effective class exercises for all levels of tap dancers with a focus on rhythm manipulation.

2015 Mark Morris Dance for Parkinson's Training, Brooklyn, NY

A three-day training at the Mark Morris Dance Group studio led by David Leventhal. Daily classes and seminars in pedagogy were used in order to equip teachers to instruct individuals with varying severity of symptoms from Parkinsons Disease using the Dance for PD methodology.

ARTS ADVOCACY & LEADERSHIP

2025- Heart of Dance

2023 Positions held: Elected Board Member & Creative Director for 2023-2024 year.

Heart of Dance is a 501(c)3 Non-profit organization that serves in the greater Houston, TX area. This non-profit serves in two main capacities. One is to provide alternative rave/club environments for dancers of all genres who enjoy the club atmosphere, but desire a safe environment without the presence of drugs and alcohol. These events are meant to be safe and inclusive dance environments especially for those who have recovered from drug and or alcohol addiction. The other focus of this non-profit is church partnership and education on the significance of dance in multiple genres and teaching active church bodies in different forms of dance expression.

2020- Virtual Coordinator

2021 Ad Deum Dance Company

Organized, designed, and executed a virtual intensive for Ad Deum Dance Company during COVID-19 pandemic. Responsibilities included coordinating and creating a schedule with over 15 master teachers across four US time zones for a five-day intensive that ran four classes a day, with two classes simultaneously occurring. Over 50 dancers were represented from four US time zones and 3 European time zones. Daily tasks were preparing guest faculty welcome packets detailing their itinerary and instructions, emailing zoom links to individual participants based off of selected classes, and communicating all Zoom platform log ins with teachers and participants.

2015 Shining Light Prison Arts Experience

Shining Light – 501(c)3 non-profit organization

Choreographer, Dancer, and Dance Educator

A two-week workshop teaching dance in the Riverside Correctional Facility for women. Responsible for teaching dance pieces to resident inmates in preparation for a show that would be performed for fellow inmates on good behavior and prison staff. I worked side by side with the inmates to create dances together and encourage their gift of dance to thrive inside prison walls.

2014 Shining Light Prison Tour

Shining Light – 501(c)3 non-profit organization

Choreographer & Dancer for 2014 Prison Tour

A monthlong community outreach experience for prison inmates where professional singers, actors, dancers, musicians and spoken word artists assembled to create a show to take on tour to over 12 prison systems (men's, women's, and juvenile facilities included). The show was learned in one week and the tour took place over the following three weeks beginning in Maine, traveling through Vermont, New Hampshire, New York and Pennsylvania.

I was personally responsible for choreographing two of the six dance pieces in the show as well as performing in the other four works.

PERFORMANCE EXPERIENCE

2024 *Two Singles Walk into a Bar*

Choreographed by Lauren Serrano

- Performed at Barnstorm Dance Festival, Houston, TX
- 2023** ***Lethal Potatoes***
 Choreographed by Tyler Orcutt
 Spectrum Dance Concert
 Performed at Sam Houston State University, Huntsville, TX
A Sequence of Related Events
 Choreographed by Dionne Noble
 Spectrum Dance Concert
 Performed at Sam Houston State University, Huntsville, TX
Power Play
 Choreographed by Andrew and Dionne Noble
 NobleMotion Dance Guest Artist
 Performed at the MATCH, Houston, TX
- 2022** ***Six Voices***
 Choreographed in collaboration by Andrew Noble, Brittany Deveau, Evelyn Toh, Justin Curry, Francisco Graciano, and Lindsey McGill.
 Performed at NMD 2's Showcase, Final Inning. MATCH, TX
NobleMotion Summer Dance Intensive Showcase
 Performed a work in process created by Andrew and Dionne Noble, and an additional work by Mike Esperanza.
The Messengers
 Choreographed by Randall Flinn
 Ad Deum Dance Company
 Performed at Artists for Hope, San Jacinto, TX
Dear Monsters
 Choreographed by Steve Rooks
 Ad Deum Dance Company
 Performed at Bailando International Dance Festival, Corpus Christi, TX
Bitter Earth
 Choreographed by Steve Rooks
 Ad Deum Dance Company
 Pre-show lobby opening performance for Houston Ballet, Houston, TX
Ballet Variations
 Co-Choreographed and Performed with Bria Greenwood
 25 minutes.
 Invited by Dance Houston
 Performed at Truc Lam Meditation Center
- 2021** ***Excerpts from Handel's Messiah***
 Choreographed by Durell Comedy.
 A 35-minute modern dance work comprised of prominent sections of Handel's *Messiah* portrayed through group dances.
 Performed at the C.S. Lewis Conference held in Navasota, TX
Glory
 Choreographed and performed by Hannah Mettler
 Solo
 Performed at Heart of Dance annual conference.

Gems

Choreographed by Caleb Mitchell
Trio.

Performed at ExtravaDance hosted at Miller Outdoor Theater, Houston, TX

Diadems Unveiled

Choreographed by Jennifer Mabus
Group work for six dancers.

ExtravaDance hosted at Miller Outdoor Theater, Houston, TX

Fragile

Choreographed by Randall Flinn
Solo

Performed at Project Dance Houston, Houston, TX

2020 *Ad Deum Summer Concert*

An evening length concert produced by Randall Flinn. Additional danced included:

Gems choreographed by Caleb Mitchell.

Diadems Unveiled by Jennifer Mabus

Excerpts from Handel's Messiah by Durell Comedy

The Blessing by Randall Flinn

Performance hosted at Dance du Coeur, Sugarland, TX

Story Lane

Choreographed by Meggie Belisle & Hannah Uechert Schulte
Mei/co Dance Company

An evening length work dedicated to two cancer survivors, telling their story through movement.

Story Lane: The Tree

Choreographed by Meggie Belisle

Mei/co Dance Company & Ad Deum Dance Company

A holiday themed work detailing the story of several cancer survivors experiences of the holiday season.

Noche de Paz

Choreographed by Randall Flinn
Duet

Ad Deum Dance Company

2019 *Still, I Have Hope*

Choreographed by Gabriel Spieller

Ad Deum Dance Company

Ballet Variations

Co-Choreographed and Performed with Seungyeon Yoo
25 minutes.

Invited by Dance Houston

Performed at Truc Lam Meditation Center

Selah

Choreographed by Steve Rooks
Ad Deum Dance Company

Joyful Noise

Choreographed by Durell Comedy

- Ad Deum Dance Company
C.S. Lewis Conference
 An evening length work of pieces choreographed by Randall Flinn, Vincent Hardy, and Megan Morrow.
 Ad Deum Dance Company
Dive in the Water
 Choreographed by Randall Flinn
 Ad Deum Dance Company
 Performed at Bailando International Dance Festival
- 2018** **Mastermind**
 Choreographed by Shizu Yasuda
 Ad Deum II
Ballet Variations
 Co-Choreographed and Performed with Alia Isringhausen
 25 minutes
 Invited by Dance Houston
 Performed at Truc Lam Meditation Center
The Decision
 Choreographed by Alicia Graf-Mack
 Ad Deum II
Rose Solo
 Choreographed by Shizu Yasuda
 Ad Deum II
Innocence Not Lost
 Choreographed by Randall Flinn
 Ad Deum II
- 2017** **Defender**
 Choreographed by Hannah Anderson
 Ad Deum Dance Company Guest Artist
Ballet Variations
 Co-Choreographed and Performed with Lindsay Dekleva
 25 minutes.
 Invited by Dance Houston
 Performed at Truc Lam Meditation Center
Mozart's Mass
 Choreographed by Randall Flinn & Shizu Yasuda
 Ad Deum Dance Company & Ad Deum II
Miracle
 Choreographed by Shizu Yasuda
 Ad Deum II
- 2016** **Splendid China**
 Choreographed by Yifan Zheng
 Ad Deum II
 Performed at Miller outdoor theater for Splendid China, hosted by Dance of Asian America
Amazing Grace

Choreographed by Shizu Yasuda

Ad Deum II

Hope for the Holidays

Choreographed by Denise Caston-Clark

Caston & Company Tap Ensemble